

Companions on a Journey
GRIEF SUPPORT

Teens in Grief Support Program,
at the High School Level

When grief enters a teen's life they
feel very isolated and alone.



The service we provide helps teens to
know they are not alone.

Creating a safe environment
where teens can share

WE provide the POWER OF CONNECTION,
WE create a ACTIVE LISTENING program within the schools.

They need to be listened to



They need to understand



They need to know that they are not alone



They need to be loved

Facilitating 80 groups sessions, Helping over 300 teens, In 11 Local Schools

Adena

Mount Notre Dame

Lakota West Freshman

Sycamore



Ridge Junior High

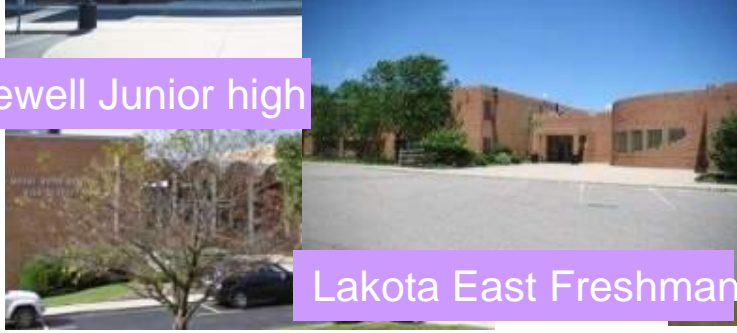


Lakota West HS



Bishop Fenwick HS

Hopewell Junior high



Lakota East Freshman

Moeller HS

Lakota East HS

Having assisted in Crisis Interventions in the 2009-2010 School year

Our youth experience death at a higher rate than ever

- Death of a parent, sibling, close family member or friend
- Our community has experienced many teen deaths:
 - When grief enters a teen's life they feel very isolated and alone. Confusion sets in, they become unfocused. Grades can plunge, the risk of alcohol and drug abuse is greater
 - Young Adults often feel invisible, overwhelmed, and frequently become, "forgotten grievers". Adolescence is one of the most difficult and confusing stages of their lives.
 - For many young adults their lives are an emotional roller coaster; they are hard at work establishing their new identity. They are working hard to gain their own independence.



There are few people that a teen can turn to for help

- Our program is offered at various area High Schools. We see 3-25 students per school a year. When a crisis situation occurs the numbers will be higher
- We have two support group programs that we offer to schools;
 - Open Grief Group teens who have suffered the death of a loved one;
 - Survivors of Suicide, (SOS) to help those teens who had a close loved one or friend died by suicide.
- Programs are designed to be an ongoing support program to meet the needs of bereaved students from the beginning of their grief through their graduation.
 - This program sends better-equipped young men and women into the community
- The Teens in Grief Support Programs acts to create a safe place for our bereaved teens. It allows the students to meet and discuss their feelings with trained specialists and fellow students.
 - One advantage of teens talking to teens is the development of mentoring programs among their peers.

Creating a safe environment
Creating a purpose out of their grief