



COJ's Adult & School Group Facilitation

The Basics

Roles

Facilitators of both adult and school support groups:

- Clarify the purpose of the group; lead the session
- Gently encourage each member to "tell their story"
- Communicate group ground rules – vital for safety
- Model nonjudgmental acceptance, compassionate listening, and welcoming
- Facilitate logistics

Qualifications:

These apply for facilitating in-person or virtually:

- Must be at least 18 years old
- Must have a valid drivers license
- Be able to work as a team member
- Agree to criminal background check prior to assuming duties
- Be trustworthy to work in a confidential environment

Time Commitment

- Ready to commit to at least one (1) year of volunteering approximately 3 hours per month
- Attend 5-6 hours of training with our bereavement team
- Attend check-in meetings on a regular basis with bereavement team

Next Steps

If you feel a grief group facilitator role may be right for you:

- Complete the online application found at: www.companionsonajourney.org/get-involved/volunteer
- Participate in a virtual interview/phone call with one of the COJ staff
- Attend COJ's facilitator training (free)

Questions?

**Call us at
513-870-9108**

Normal Training Schedule

- 9:00: Understanding Grieving Individuals
10:45: Grief Support Group Facilitation
12:15: Lunch
12:45: QPR (Suicide Prevention Training)
*2:15: Childhood Grief, Crisis Response, Role Plays
Required only for school group facilitators

